



# Week 1

## Meal Planner

DAY	MAIN	VEGGIE OPTION	DESSERT
MONDAY	Chicken HotDog + Toppings+ potato wedges + Sweet corn MUSTARD/GLUTEN	Deruny Pancakes + Potato Wedges + Sweetcorn MILK/EGG/GLUTEN	Fruit & Yoghurt MILK
TUESDAY	Macaroni Cheese With Crispy onion + Roasted honey Carrots Milk/Gluten	Cheesy Creamy Macaroni + Roasted honey Carrots Milk/Gluten	Peach, Yoghurt and olive oil cake MILK/EGG/GLUTEN
WEDNESDAY	Roast chicken and Roast Potatoes + Rosemary Broccoli	Corn Fritters and Roast Potatoes + Rosemary Broccoli	Fruit & Yoghurt MILK
THURSDAY	Lamb Bhuna + Basmati Rice + Cauliflower MILK	Squash, chickpea & coconut curry + Jeera Rice+ Cauliflower MILK	Mandarin and Sour cream cake MILK/EGG/GLUTEN
FRIDAY	Fish and Chips +Minted Peas + Baked Beans + Home made Tartare Sauce FISH/GLUTEN	Potato, spring onion, dill & cheese frittata + Minted Peas + Baked Beans MILK/EGG	Fruit & Yoghurt MILK



**SALAD BAR AND FRESH BAKED BREAD AVAILABLE DAILY**

**ALL OUR PRODUCTS ARE HALAL CERTIFIED**

